2019 北京通州高三（上）期末

英　　语

本试卷共 10 页，共 120 分。考试时长 100 分钟。考生务必将答案答在答题卡上，在试卷上作答无效。考试结束后，将答题卡交回。

第一部分:知识运用(共两节，45 分)

第一节阅读下列短文，根据短文内容填空。(共 10 小题;每小题 1.5 分，共 15 分)

在未给提示同的空白处仅填写 1 个适当的单同，在给出提示词的空白处用括号内所给的词的正确形式填空，并将答案写在答题卡相应的位置上。

A

Keeping a diary in English is one of the most effective ways to improve our English writing abilities. Compared with other forms of writing, it is shorter and takes__1__(little) time. It can help __2__(we) to develop the habit of thinking in English. If we__3__(keep) on doing this practice, gradually we'll learn how to express ourselves in English. In keeping a diary in English, we certainly run up against many __4__(difficulty). It often happens that we have trouble finding appropriate words and phrases__5__(give) expression to our mind. And there are also many idiomatic ways of saying things in Chinese.

As far as I am concerned, my suggestion is__6__we should always have a notebook and a Chinese-English dictionary within easy reach. Whenever something beats us, we can first put it down in our notebook__7__then consult our dictionary. We can also turn to our English teacher for help, if necessary.

B

In recent years, learning Chinese__8__(become) popular among people around the world. Last month,I received an email from my friend Jack in Canada. He said he was enthusiastic about China, and asked me to find him some books which 9 (intend) for Chinese beginners,I Was pleased to do such a favor. So I went from one bookstore to another,__10__(hope) to find something suitable for him. Finally I selected a set of Chinese textbooks among a variety of similar ones.

第二节完形填空(共 20 小题;每小题 1. 5 分，共 30 分)

阅读下面短文，掌握其大意，从每题所给的 A,B,C,D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

My husband and I changed our front yard with something eatable, adding apples, bananas, oranges, and pomegranates(石榴).

Every crop brought us__11__to neighbors and strangers. The food was a(an) __12__to communicate. Kids in the neighborhood (including our son) learned __13__and gentle timing. When we had extra, we would __14__it. Then, we received a powerful lesson: a gift hidden as a __15__. Our first-ever crop of pomegranates had ripened(成熟).__16__, at harvest, they all disappeared in the middle of the night. We were __17__sad and angry. Friends had fun suggesting deterrents(为摄物). One 18 suggested we post a sign to curse (诅咒) those who __19__our fruits.

And suddenly, the __20__was clear. We did need a sign. But our sign would encourage sharing and community. Last autumn, we had a larger crop of pomegranates. We put__21__a sign that read, "If you'd like one, please knock and 22 yourself, and we would be __23__to cut one off the bush for you. Cutting saves the branches and is good for future growth, so we can __24__to share pomegranates with 25 friends like you. Thanks, the Green Family. "

Out of eight fruits, one pomegranate was taken. and most of others were 26 to new friends. This year, we won the Kindness Contest award, __27__we planted three trees-a peach, a pear, and a plum. Before they fruit, I'll __28__a big sign to the yard to encourage sharing. Today. I'm happy to be a role model of __29__for my young sons and to have the opportunity to 30 an eatable front yard for others.

11. A. richer	B, stronger	C. closer	D. healthier
12. A. tool	B. explanation	C. evidence	D.excuse
13. A. patience	B. kindness	C. confidence	D. responsibility

14. A. take	B. share	C. select	D. store
15. A. result	B. challenge	C. loss	D. surprise
16. A. Besides	B. However	C. Moreover	D. Otherwise
17. A. embarrassed	B. interested	C. ashamed	D. shocked
18. A. still	B. yet	C. just	D.even
19. A. stole	B. destroyed	C. boughs	D. hid
20. A. attitude	B. answer	C. lesson	D. need
21. A. away	B. down	C. up	D. on
22. A. enjoy	B. impress	C. help	D. introduce
23. A. happy	B. afraid	C. proud	D. worried
24. A. pretend	B. continue	C. agree	D. happen
25. A. true	B. close	C. polite	D. new
26. A. gifted	B. sold	C. donated	D. devoted
27. A. unless	B. since	C. so	D. or
28. A. connect	B. add	C. turn	D. keep
29. A. generosity	B, encouragement	C. enjoyment	D. creativity
30. A. change	B. provide	C, prepare	D. choose

第二部分:阅读理解(共两节，40 分)

第一节(共 15 小题;每小题 2 分，共 30 分)

阅读下列短文，从每题所给的 A,B,C,D 四个选项中，选出最佳选项，并在答题卡上将该项涂黑。

A

This story happened when I was in Saint Lucia with my family. My sister, Diana, who also happens to be my best friend and one of the funniest and kindest people I know, went blind in one eye about 9 years ago. Diana sometimes feels concerned about the way her eye looks now. The pupil(瞳孔) is no longer black; it's sort of "glows" in photos. Diana recently purchased a special contact lens (隐形镜片) that makes her eye look like it did before it changed color, but she doesn't wear this lens often because it becomes quite painful after about an hour.

One night during our holiday, a hotel photographer was taking pictures of the guests as they entered the area set up for dinner. Diana casually said if she had known there was going to be pictures taken to capture this special memory, she would have worn her contact lens so her eye wouldn't be so shiny in the picture.

The next day, I was sitting with Diana and her husband Ted. While we were talking, the photographer who had been at the dinner the night before, handed her a photo, leaned in and quietly said, "I matched the color of your eyes in the picture. "

As he walked away, my sister happily said to me and Ted, " Look! He fixed my eye!" The photographer stopped. He turned around and walked back to our table. He put his hand on Diana's shoulder, leaned in again and gently said, "Just to be clear: I didn't fix your eye. There isn't anything wrong with your eye. I simply matched the color. "

Her eyes filled up with tears. It was very healing for her heart to hear these beautiful words. It didn't take much time and made so much difference. It helped her change the way she feels about herself.

I have always loved the quote: "The world is full of good people. If you can't find one, be one!" Your acts of kindness can impact the world in profound ways!

31. My sister bought a contact lens in order to ____.

A. avoid the pupil being too bright and shiny

B. show off the beautiful color of her pupil

C. protect her eye from the strong sunlight

D. keep the pupil comfortable

32. Diana felt when she knew there was a photo taken for the dinner.

A. excited B. proud C. regretful D. shocked

33. Tears welled tip in Diana's eyes because ____.

A. she felt her eyes were so painful

B. she was touched by the photographer

C. she was hurt by the gesture of the photographer

D. she felt so sad that she didn't wear her lens

34. From the article we can conclude that the photographer way____.

A. confident B. easy-going C. creative D. considerate

B

5 Lifestyle Choices You Will Feel in Your Bones

YOU SPEND TOO LITTLE TIME ON THE MOVE

"Bone is a living tissue," says Jonathan Lee, a physician at Montefiore Health System in New York City. "The more you use it, the more it will adapt and strengthen. Likewise, if it is not subjected to loading, it will waste away. " The solution? Weight-bearing exercise-even just walking. Strength training Counts too

YOU EAT SALTY SNACKS

A study from Japan showed that women over fifty who had high sodium (钠) intakes were more than four times as likely to have a fracture (break of.bones) as those with low sodium intakes. That's because as the kidneys(肾) excrete(排出) the sodium, calcium is reducing from the bloodstream too.

YOU SHUT SUNLIGHT AWAY

" Vitamin D is required for the body to successfully absorb and use calcium," Dr. Lee says. "Most Americans do not get enough sun exposure to generate enough natural vitamin D, and thus supplementation is essential. " According to the National Osteoporosis Foundation, adults under 50 need 400 to 800 IU of vitamin D daily and adults 50 and older need 800 to 1,000 IU. Talk to your doctor about your specific needs based on where you live, what time of year it is, and which vitamin D-rich foods you eat.

YOU'RE CASUAL WITH WINE

Low levels of alcohol consumption may be good for your bones, according to a study from Oregon State University, but more than a couple of drinks a day has the opposite effect. "Too much alcohol can make it harder to absorb calcium," says Dr. Lee. Furthermore, "In women in particular, higher alcohol consumption can decrease estrogen (雌激素） levels, and this can also lead to osteoporosis(骨质疏松) , " Dr. Lee says.

YOU LIVE IN AN AREA WITH DIRTY AIR

In a study recently published in the Lancet Planetary Health , researchers dealt with hospital data for 9.2 million Medicare participants in the Northeast and mid-Atlantic between 2003 and 2010. They found that even a small increase in levels of pollutants in the air--may lead to an increase in bone fractures and osteoporosis in older adults. If you live in a smoggy area,use an air purifier filter at home, avoid exercising outdoors when the air quality is bad,and get screened for osteoporosis.

35. According to the article, to have healthy bones, a lady of 65 should____ .

A. form a habit of drinking a bottle of wine every day

B. protect herself from being exposed to sunlight

C. exercise indoors or do little strength training

D. lessen sodium intakes in her diet

36. The article states that the health of the bones is affected by the following except _____.

A. air quality B.body clock

C. personal diet D.physical training

37. This article is possibly chosen from _____.

A. a gym advertisement

C. a lifestyle magazine

B. a medical textbook

D. a medicine instruction

C

While every dog owner knows their dogs can read their moods perfectly, scientists have always been a little doubtful. Now thanks to some researchers at the University of Veterinary Medicine in Vienna, Austria, we finally have some convincing evidence.

For this study, biologist Corson Miller and his team exposed eleven selected dogs to digital images of women that were either angry or happy. Half the dogs were rewarded for touching the screen when shown a happy face, while the other half given their treat for selecting those that appeared angry.

Interestingly, the dogs were not provided with the entire face. Some dogs were shown only upper halves while the others observed lower halves. That's because the scientists believe humans show their eruptions on their entire face.

After some training on how to recognize small differences like the wrinkles between the eyes or the changes in their shape that accompany the happy or angry expressions, the dogs were mostly able to identify the correct expression not only on a familiar face but on a strange face, the researchers concluded the dogs were smart enough to read human emotions.

They also found those being trained to read angry expressions took a longer time to learn. They guess it may be because dogs find angry faces disgusting, causing them to back away quickly. However, once the smart dogs realized they were getting rewarded, the trepidation seemed to disappear. In fact, the dogs had such a good time playing the computer "game"that scientists had a hard time keeping them away from the touch screens after the study was completed.

The researchers also noticed only dogs with a male owner had a harder time understanding the expressions correctly. Since the touched screen models were all females, this confirmed what has been observed in previous studies-dogs are more efficient at reading facial expressions of people that are the same gender as their owner.

38. How did the scientists conduct the experiment?

A. By mixing the selected dogs together.

B. By rewarding only half of the dogs touching the screen.

C. By leaving dogs to women who are either happy or angry.

D. By showing digital pictures of women's happy or angry faces.

39. The underlined word "trepidation" in Paragraph 5 probably means_____ .

A. fear and hesitation B. curiosity and eagerness

C. excitement and happiness D. doubt and uncertainty

40. According to the last paragraph, dogs with female owners _____.

A. are scared away at the male faces

B. are uninterested in telling the emotions on the entire faces

C. have difficulty telling the moods on the faces of males

D. can only recognize emotions on partial faces

41. What is the best title for this passage?

A. Mood Changes Influence Dogs

B. Dogs Identify the Moods

C. Dogs and Their Owners

D. Dogs' Mood Research

D

Who's in control of your life? Who's pulling your strings? For the majority of us, it's other people-society, colleagues, friends, family or our community. We learned this way of operating when we were very young,of course. We were brainwashed. We discovered that feeling important and feeling accepted was a nice experience and so we learned to do everything we could to make other people like us. As Oscar Wilde puts it," Most people are other people. Their thoughts are someone else's opinions, their lives a mimicry, their passions a quotation. "

So when people tell us how wonderful we are, it makes us feel good. We long for this good feeling like a drug-we are addicted to it and seek it out wherever we can. Therefore, we are so eager for the approval of others that we live unhappy and limited lives, failing to do the things we really want to. Just as drug addicts and alcoholics live worsened lives to keep getting their fix(成瘾物)we worsen our own existence to get our own constant fix of approval.

But, just as with any drug. there is a price to pay. The price of the approval drug is freedom-the freedom to be ourselves. The truth is that we cannot control what other people think. People have their own agenda, and they come with their own baggage and, in the end, they're more interested in themselves than in you. Furthermore, if we try to live by the opinions of others, we will build our life on sinking sand. Everyone has a different way of thinking, and people change their opinions all the time. The person who tries to please everyone will only end up getting exhausted (tired) and probably pleasing no one in the process.

So how can we take back control? I think there's only one way-make a conscious decision to stop caring what other people think. We should guide ourselves by means of a set of values- not values imposed from the outside by others. but innate values which come from within. If we are driven by these values and not by the changing opinions and value systems of others. we will live a more authentic, effective, purposeful and happy life.

42. What Oscar Wilde says implies that_____.

A. most people have a variety of thoughts

B. we have thoughts similar to those of others

C. other people's thoughts are more important

D. most people's thoughts are affected by others

43. What does the author try to argue in the third paragraph?

A. The price of taking the drug is freedom.

B. We may lose ourselves to win the approval of others.

C. We need to pay for what we want to get.

D. Changing opinions may cost us our freedom.

44. It can be concluded from the passage that_____ .

A. it's better to follow others' opinions

B. it's important to accept others' comments

C. we shouldn't change our own decision

D. we shouldn't care too much what others think

45. The author tries to persuade the readers to accept his arguments mainly by____ .

A. discussing questions B. making suggestions

C. analyzing causes and effects D. providing examples and facts

第二节(共 5 小题;每小题 2 分，共 10 分)

根据短文内容，从短文后的七个选项中选出能填人空白处的最佳选项。选项中有两项为多余选项。

New Lives for Old Phones

When a new mobile phone starts to be sold in stores, many people rush out to buy one. We all want the newest, latest thing. 46

Mike Townsend works at Total Recall, a mobile phone recycling company. "Don't throw your old phone away. 47 If you throw it away, it goes with other rubbish to become landfill. In other words, it is put in a big hole in the ground-and it becomes a big problem," he says.

Mobile phones contain some poisonous materials. If your phone goes to a landfill, these poisonous materials can get out and get into the water under the ground. That's the water we need to drink or water goes into rivers or the ocean. 48 That's a lot of landfill and a lot of poisonous materials.

"At Total Recall, we separate the old phones into pieces. Most of the materials in the mobile phones can be recycled and used again. 49 For example, phone batteries contain nickel and cadmium. The nickel is used to make steel, and the cadmium can be used to make new batteries," explains Mike.

" 50 You can usually just take it into a mobile phone shop and they will send it to us," says Mike.

So before you throw that old mobile phone away, use it one last time: search for a recycler near you and give them a call.

A. Send it to us and we'll recycle it.

B. Recycling your old phone is easy.

C. How much is your old mobile phone worth?

D. But what should we do with our old mobile phones?

E. Millions of mobile phones are thrown away every year.

F. We take apart the old phones and they are used to make new products.

G. Recycling materials helps keep the environment greener and cleaner.

第三部分:书面表达(共两节，35 分)

第一节(15 分)

假设你是李华，你的英国朋友 Chris 在给你的邮件中提到他对中国文化非常感兴趣，想请你介绍一项你最引以为傲的中国文化遗产。请你给他回邮件，内容包括:

1.文化遗产的名称;

2.简要介绍;

3.你感到自豪的理由。

注意:1.词数不少于 50;

2.开头和结尾已给出，不计入总词数。

Dear Chris，

_____

_____

Yours，

Li Hua

(请务必将作文写在答题卡指定区域内)

第二节((20 分)

假设你是红星中学高三学生李华，上周你校团委发起了冬衣捐助活动，你和你班的两位同学作为志愿者参加了此次活动。请根据以下四幅图的先后顺序，以“Donating for a Warmer Winter”为题，给校刊“英语角”写一篇英文稿件，介绍你在本次活动中的经历与感受。

注意:1.词数不少于 60;

2.可以适当增加细节，以使行文连贯。



(请务必将作文写在答题卡指定区域内)

2019 北京通州高三（上）期末英语

参考答案

第一部分:知识运用(共两节，45 分)

第一节阅读下列短文，根据短文内容填空。(共 10 小题;每小题 1.5 分，共 15 分)

1. less　2. us　3. keep　4. difficulties　5. to give

6. that　7. And　8. has become　9. are intended　10. Hoping

第二节完形填空(共 20 小题;每小题 1. 5 分，共 30 分)

11~15 CDABC　16~20 BDDAC　21~25 CDABD　26~30 ACBAB

第二部分:阅读理解(共两节，40 分)

第一节(共 15 小题;每小题 2 分，共 30 分)

A:31~34 ACBD

B:35~37 DBC

C:38~41 DACB

D:42~45 DBDC

第二节(共 5 小题;每小题 2 分，共 10 分)

46~50 DAEFB

第三部分:书面表达(共两节，35 分)

第一节(15 分)

一、评分原则:

1.本题总分为 15 分，按 4 个档次给分。

2.评分时，先根据文章的内容和语言质量初步确定其档次，然后以该档次的要求来衡量，确定或调整档次，最后给分。

3.评分时应考虑:内容是否完整，条理是否清楚，交际是否得体，语言是否规范

4.拼写、标点符号或书写影响内容表达时，应视其影响程度予以考虑。英、美拼写及词汇用法均可接受。

二、各档次的给分范围和要求:

第一档 (13 分~15 分)	完全完成了试题规定的任务。 ·内容完整，条理清楚; ·交际得体，表达时充分考虑到了交际的需求;体现出较强的语言运用能力。完全达到了预期的写作目的。
第二档 (9 分~12 分)	基本完成了试题规定的任务。 ·内容、条理和交际等方面基本符合要求; ·所用语法和词汇满足了任务的要求; ·语法或用词方面有一些错误，但不影响理解。基本达到了预期的写作目的。
第三档 (4 分~8 分)	未恰当完成试题规定的任务。 ·内容不完整; ·所用词汇有限，语法或用词方面的错误影响了对所写内容的理解。未能清楚地传达信息。
第四档	未完成试题规定的任务。

(1 分一 3 分)	·写了少量相关信息; ·语法或用词方面错误较多，严重影响了对所写内容的理解。
0	未传达任何信息;所写内容与要求无关。

三、Possible version 1

Dear Chris,

How are you doing? I feel more than delighted to introduce a Chinese cultural heritage that I value most. It is called Tangshi in Chinese-a form of traditional Chinese poems.

I am proud of this form of art because that the poets vividly described the beauty of nature and the poems themselves reflected the social life of the prime time in Chinese history-Tang Dynasty. I am sure you will be amazed at the imagination and the creation of the poets. Even today, Chinese people still hold Poem-reading Contests annually to sing high praise for the value of the poems.

Every time I recite them I feel every cell in my body wakes up. They are the pride of our culture.

So, Chris, do you feel like learning to read some Tangshi? Feel free to let me know if you need to know more about them.

I am looking forward to hearing from you!

Yours

Li Hua

Possible version 2

Dear Chris

Glad to receive your e-mail. Knowing you are interested in Chinese relics, I feel it an honor to introduce the Great Wall to you.

The Great Wall stands out from the other relics for its historical value and beauty. Built and rebuilt in different dynasties, it served as a great defense work, which could protect people from being attacked by other nationalities living in the northern part of China. Nowadays its grandness still attracts eyes of the world, as it climbs over mountains from the east to the west, extending itself for more than 21,000 kilometers.

Chinese poets like to compare the Great Wall to the backbone of Chinese which shows its place in Chinese hearts. There is also a famous saying: He who does not reach the Great Wall is not a true man. The Great Wall is not a building, but a cultural symbol.

For further information of Chinese cultural relics, don't hesitate to ask me.

Yours

Li Hua

第二节(20 分)

一、内容要点:

1.讨论活动方案 2.利用海报倡议 3.学生捐赠 4.邮寄捐赠及感受

二、各档次的给分范围和要求:

第一档 18 分~20 分	完全完成了试题规定的任务。 ·覆盖了所有内容要点; ·运用了多样的句式和丰富的词汇; ·语法或用词方面有个别错误，但为尽可能表达丰富的 内容所致;体现了较强的语言运用能力; ·有效地使用了语句间的连接成分，所写内容连贯、结构紧凑。完全达到了预期的写作目的。
第二档	完全完成了试题规定的任务。

15 分~17 分	·覆盖了所有内容要点; ·运用的句式和词汇能满足任务要求; ·语法或用词基本准确，少许错误主要为尽可能表达丰 富的内容所致; ·使用了简单的语句间连接成分，所写内容连贯。达到了预期的写作目的。
第三档 12 分~14 分	基木完成了试题规定的任务。 ·覆盖了内容要点; ·运用的句式和词汇基木满足任务要求; ·语法或用词方面有一些错误，但不影响理解。基木达到了预期的写作目的。
第四档 6 分~11 分	未恰当完成试题规定的任务。 ·漏掉或未描述清楚主要内容; ·所用句式和词汇有限; ·语法或用词方面的错误影响了对所写内容的理解。未能清楚地传达信息。
第五档 1 分~5 分	未完成试题规定的任务。 ·明显遗漏主要内容; ·句式单调、词汇贫乏; ·语法或用词方面错误较多，严重影响了对所写内容的 理解。
0	未传达任何信息;所写内容与要求无关。

三、One possible version:

Donating for a Warmer Winter

Donation of winter clothing was proposed by the Youth League Committee of our school. Two of my classmates and I, working as volunteers, took part in the activity.

We three had a heat discussion, planning the schedule and activities for it. We finally reached the agreement that our program would be titled as Donating for a Warmer Winter, implying that warm hearts would warm those in need.

A poster with the theme was designed soon. During lunch time on the place where students had to pass, we put up the poster. It soon attracted attention of many students. With our promotion, the project was shared from one to all.

The next few days, we had a busy week. We collected clothes from so many hands, but tremendous amount would come the next day. It turned out that enough were collected before the weekend came.

We packed all the clothes and brought them to the post office to send them off. On the way back home, smiles climbed on my face because I could imagine seeing the happy faces of those who would receive the clothing.