2025 北京延庆高三一模

英　　语

2025.02

考生须知	1. 考生要认真填写个人信息。 2. 本试卷共 10 页，三大部分（共 100 分），考试时间 90 分钟。 3. 试题所有答案必须填涂或书写在答题卡上，在试卷上作答无效。选择题必须用 2B 铅笔作答；非选择题必须用黑色字迹的签字笔作答。 4. 考试结束后，考生应将答题卡按要求放在桌面上，待监考员收回

第一部分：知识运用（共两节，30 分）

第一节 完形填空（共 10 小题；每小题 1.5 分，共 15 分）

阅读下面短文，掌握其大意，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题纸上将该项涂黑。

On September 28, as Shane Naidoo, an emergency room doctor, approached the halfway point of the New Jersey Half Marathon in Newport, a woman named Chrystal Rinehold, 36, suddenly collapsed on the greenway in Liberty State Park, Jersey City.

Naidoo __1__ with four other runners to help and immediately realized the situation was serious. The woman, Chrystal Rinehold, an experienced runner, was struggling to __2__ and could barely speak .

He __3__ others to call 911, get a police officer to secure the scene and inform a medic tent to know what happened. Over and over he said to her " Stay with me."

__4__ , Rinehold's husband, Walli McMillan, was waiting with flowers and their children at the finish line.

Naidoo noticed a __5__ from McMillan on Rinehold's Apple watch: "Are you , okay, babe?" He called McMillan on a volunteer's phone, urging him to speak __6__ to Rinehold, even if she couldn't hear him, to let her know he loved her.

Police arrived with emergency oxygen, followed shortly by paramedics. Naidoo rode in the ambulance with Rinehold to Jersey City Medical Cente. At the hospital, he __7__ the emergency room staff and stayed to assist until McMillan arrived.

When Naidoo left the hospital, he returned to __8__ the race and finished behind more than 4000 others with a time of three hours and 53 minutes. At the finish line, Naidoo apologized and thanked everyone for staying late.

When presented with a race completion __9__, he had an idea: he cut it in half and sent it to Rinehold. "This medal isn't just mine," Naidoo said. "I knew it would mean a lot to Chrystal and her family. I didn't want her race to end on a(an) __10__ note."

1. A. walked down　　B. jumped up　　C. rushed over　　D. fell behind

2. A. stand　　B. breathe　　C. respond　　D. move

3. A. encouraged	B. expected	C. allowed	D. instructed
4. A. Meanwhile	B. Instead	C. Therefore	D. Moreover
5. A. call	B. sign	C. message	D. signal
6. A. confidently	B. hopefully	C. hesitantly	D. casually
7. A. criticized	B. briefed	C. taught	D. indicated
8. A. enter	B. win	C. join	D. complete
9. A. certificate	B. card	C. medal	D. prize
10. A.boring	B. discouraging	C. annoying	D. challenging

第二节 语法填空（共 10 小题；每小题 1. 5 分，共 15 分）

阅读下列短文，根据短文内容填空。在未给提示词的空白处仅填写 1 个适当的单词，在给出提示词的空白处用括号内所给词的正确形式填空。

A

Standing in the train home, I noticed a woman sitting nearby__11__ was knitting intently. Her needles pulled a single string from a bag on the floor while the square she was working on __12__ (grow) ever larger. I put away my reading and surprised to gaze at her fingers. When the train got to my stop, I moved toward the door, and she looked up to see __13__ we were. I gave her a broad smile and two thumbs up. She smiled back shyly, and then cast her eyes back down to her work.

B

By sending seeds on short trips into space, China is developing new crop varieties. This process, __14__ (know) as space breeding, exposes seeds to cosmic radiation, which changes their genes and leads to the creation of new varieties with greater diversity. Since China’s first space breeding experiment in August 1987, the country __15__ (send) seeds from thousands of plant species into space. This has resulted in the development of nearly 1,000 new plant varieties. The technology reportedly helps increase China’s annual grain production __16__ 2 million tons and produces direct economic benefits exceeding 100 billion yuan.

C

A recent study published in BMC Psychology suggests that editing photos can __17__ (negative) impact how individuals perceive their attractiveness and overall self-esteem. This connection seems to be influenced by comparing physical appearance and __18__ (treat) oneself as an object. These results serve as a warning to social media users to be aware of the potential negative effects of using photo-editing tools or filters. Nowadays, social media __19__ (use) by millions of people to connect and share their lives. However, research suggests that excessive use of social media may lead to mental health issues like depression and __20__ (anxious).

第二部分：阅读理解（共两节，38 分）

第一节（共 14 小题；每小题 2 分，共 28 分）

阅读下列短文，从每题所给的 A、B、C、D 四个选项中，选出最佳选项，并在答题纸上将该项涂黑。

A

How to Apply for a Student Visa to China

X-1 visa is applicable to foreigners who come to China for a long-term study period (more than 180 days).

X-2 visa is applicable to foreigners who come to China for a short-term study period (less than or equal to 180 days).

Every foreigner must have valid passport and visa/residence permit to stay in China.

How to apply

- You shall come to the visa office of the Embassy or Consulate-General where you reside to submit the application; or
- If you cannot come personally, you may send a travel/visa agent for application process.
- Mail applications are not acceptable and will be returned.
- No appointment is required.

Processing time

- The regular processing time is 4 working days.
- Express service: 2-3 working days processing.
- Same day rush service

Documents to be included with application

- Your valid actual passport. The passport must have at least six (6) months validity left before expiration.
- One completed Visa Application Form (Q1) with one additional passport photo (black, white or color is acceptable).
- An approved Foreign Student Visa Application Form (JW201 or JW202) issued by the authorized Chinese unit, and an enrollment letter from the Chinese school.
- For the applicant who will study in China for more than one year shall also provide a Physical Examination Certificate for Foreign Citizen.
- An applicant born in China who applies for a Chinese visa with a new foreign passport is required to submit his/her Chinese passport or last foreign passport with a Chinese visa.

Additional information

- Visa is valid for one entry, three months.
- Any person suffering from mental disorder, AIDS, or other such infectious diseases shall not be permitted to enter China.

21. Who is the passage intended for ?

A. Foreigners to study in China.

B. Foreigners with infectious disease.

C. Foreigners for a short-term visit to China.

D. Foreigners born in China or with a valid passport.

22. According to the passage, applicants are required to_____.

A. come to any visa office

B. mail applications directly

C. make an appointment in advance

D. submit the application process by a visa agent

23. If one wants to get the student visa, one will need to _____.

A. wait for at most 6 working days

B. obtain an enrollment letter from the Chinese school

C. provide a Physical Examination Certificate for foreign citizens

D. complete a Visa Application Form issued by the authorized Chinese unit

B

When I was 27 years old, I left a very demanding job in management consulting for a job that was even more demanding: teaching. I went to teach seventh graders math in the New York City public schools. And like any teacher, I made quizzes and tests. When the work came back, I calculated grades.

What struck me was that IQ was not the only difference between my best and my worst students. Some of my strongest performers did not have excellent IQ scores. Some of my smartest kids weren't doing so well. And that got me thinking.

After several more years of teaching, I came to the conclusion that what we need in education is a much better understanding of students and learning from a motivational perspective, from a psychological perspective. In education, the one thing we know how to measure best is IQ. But what if doing well in school and in life depends on much more than your ability to learn quickly and easily?

So I left the classroom, and I went to graduate school to become a psychologist. I started studying kids and adults in all kinds of super challenging settings, and in every study my question was, who is successful here and why?

My research team and I went to a school. We tried to predict which students would stay in military training and which would drop out. We studied first-year teachers working in really tough neighborhoods, asking which teachers are still going to be here in teaching by the end of the school year? In all those very different contexts, one characteristic emerged as a significant predictor of success. And it wasn't social intelligence. It wasn't good looks, physical health, and it wasn't IQ. Instead, it was grit.

To me, the most shocking thing about grit is how little we know. That's the work that stands before us. We need to take our best ideas, our strongest intuitions, and we need to test them. We need to measure whether we've been successful, and we have to be willing to fail, to be wrong, to start over again with lessons learned.

24. How did the author feel about the result of the quizzes and tests?

A. Disappointed B. Demanding C. Shocked D. Indifferent

25. What made the author leave the classroom?

A. Her inability to teach at school.

B. Her dream to be a psychologist.

C. Her better understanding of education.

D. Her desire to study the factor of success.

26. According to the author, the result of their research is _____.

A. confusing B. inspiring C. perfect D. measurable

27. What can we learn from this passage?

A. Failure is the mother of success.

B. Actions speak louder than words.

C. Nothing is impossible with a willing heart.

D. IQ is the key that unlocks the door of knowledge.

C

Mosquito-borne diseases such as malaria will become a bigger part of the curriculum at medical schools across Europe in the face of the climate crisis. Future doctors will also have more training on how to recognise and treat heatstroke, and be expected to take the climate impact of treatments into account, medical school leaders said, announcing the formation of the European Network on Climate and Health Education.

Led by the University of Glasgow, 25 medical schools from countries including, the UK, Belgium and France will integrate lessons on climate into their education of more than 10,000 students. Glasgow University's Dr Camille Huser, the co-chair of the network, said: "The doctors of the future will see a large number of different presentations and diseases. They need to be aware of that so they can recognise them."

This summer was Europe's hottest on record and changes in the climate are increasing the pressure on health services. Disease-spreading insects, such as mosquitoes, are expanding their range, aided by changes in temperature and rainfall patterns. Cancer, heart and lung conditions, diabetes and mental illness can all be affected by factors such as extreme weather or air pollution.

Huser said the role of the climate in teaching at medical schools often consisted of a single lecture or module. The network expects it being "infused" throughout teaching.

"Climate change … doesn't necessarily create a new range of diseases we haven't seen before, but it worsens the ones that do exist," Huser said. "Diabetes, for example, is not something that people link to climate change, but the symptoms and complications become more frequent and worse for people in a world where the climate has changed." Also, due to climate breakdown, pathogens (病原体) evolve so existing drugs no longer treat them effectively and Huser said this should be reflected in teaching.

Students will be taught to advocate for active travel-walking or cycling rather than driving-and "green prescribing", where patients are encouraged to take up activities such as community gardening and tree planting. Both activities offer health benefits to individuals while being positive for the environment. "Encouraging people to look after their health had huge benefits for them personally," Huser said, and would "reduce emissions if they require less input from the health system".

The network will also attempt to influence bodies that set national curriculums, such as the General Medical Council in the UK, so that the climate crisis becomes a mandatory part of all doctors' education.

Huser's co-chair, Prof Iain McInnes, also of Glasgow University, said the network's aim was "building the conversation into medical curricula so that the doctors of the future are well-educated in this conversation. This is as crucial and critical to their thinking as it is to manage obesity, smoking and other environmental challenges. It is simply part of the DNA of being a doctor."

28.What does the underlined word "infused" in Paragraph 4 probably mean?

A. Changed. B. Integrated. C. Removed. D. Decreased.

29.What can we learn from the passage?

A. Some existing diseases are likely to get even worse because of climate change.

B. The role of climate has always been a significant part in medical school teaching.

C. Mosquito-borne diseases are decreasing due to advancements in medical treatments.

D. The network aims to make climate crisis a must for all doctors' education worldwide.

30.Which would be the best title for this passage?

A. Medical Students Preparing for a Greener Tomorrow.

B. Innovative Approaches to Medical School Curriculum.

C. Climate Crisis to Be Bigger Part of Medical School Training.

D. The Future of Medical Education in an Increasingly Changing World.

D

"My morale（精神面貌）for this job is gone, gonna totally check out," an Amazon worker recently wrote on an online forum. The cause of his discontent was a letter sent last month by Andy Jassy, the tech giant's boss, that ordered staff back to the office five days a week. The order has caused dissatisfaction among Amazon's office drones, who had previously been required to show up in person only three days a week.

Amazon is not the only big company that has cut down on remote work. More are set to follow. A recent global survey found that four-fifths of bosses expect a return to the office five days a week within three years.

Requiring a return to the office tends to annoy staff. A survey by Gartner, a research firm, found that a third of executives and a fifth of other employees would leave their jobs if they were forced back to the office. For some companies, that may be the point. Many tech firms and consultancies hired too many workers during the Covid-19 pandemic boom. Getting some of them to leave voluntarily would reduce severance costs — though it also risks pushing talented employees to join rivals.

The more likely explanation is that many bosses believe having employees in the office leads to better performance. Plenty of studies now suggest that remote employees are less productive. One paper that looked at data-entry workers in India found that those consistently working from home were 18% less productive than those consistently in the office.

There is less evidence, though, that letting staff work from home a couple of days a week in a hybrid arrangement has a negative effect on performance.

Some bosses are concerned that hybrid work will spoil their company's culture. In his letter, Mr Jassy wrote that Amaz's culture "has been one of the most critical parts of our success", and that "it's easier for our teammates to learn, model practise, and strengthen" it when working together in the office.

For now, investors seem to be withholding judgment. A study published in April by Sean Flynn of Cornell University and two co-authors looked at 600 or so listed American firms that had published remote-work policies. The authors found that variation in the stringency （严格） of these had no significant effect on the performance of the firms' shares relative to those of their peers.

31. What's the author's intention in citing the Amazon example?

A. To put forward a new solution.

B. To justify a different working model.

C. To highlight an individual's unique experience.

D. To illustrate the common trend among companies.

32.What does the sentence "For some companies, that may be the point." mean in paragraph 3?

A.They tend to irritate employees on purpose.

B. They want to force employees back to office.

C. They aim to make staff leave willingly to cut costs.

D. They try to prevent talented staff from joining rivals.

33. What can be inferred about hybrid work from the text?

A. It has aspects that worry bosses.

B. It definitely reduces employees' productivity.

C. It has no negative effects on company culture.

D. It is a perfect solution to balance employees' needs.

34. What can we learn from the study mentioned in the text?

A. Investors are very concerned about the remote work policies of firms.

B. The stringency of remote work policies varies little among American firms.

C. Companies with strict remote-work policies perform better in the stock market.

D.The return-to-office orders had little effect on the performance of the firms' shares.

第二节（共 5 小题；每小题 2 分，共 10 分）

根据短文内容，从短文后的七个选项中选出能填入空白处的最佳选项，并在答题纸上将该项涂黑。选项中有两项为多余选项。

Like the rest of your body, your immune system ages, too. _____35_____ Scientists haven't found strong data to support any one pill or supplement to prevent this or give our immune systems a "boost." But they have conducted plenty of research on how we can keep our immune systems healthy as we age.

Much of that requires going back to basics. Eating microbiome-friendly foods while minimizing red meat may help reduce inflammation and preserve a healthy gut microbiome, which in turn may help the immune system. _____36_____ One study showed that higher rates of physical activity were associated with a lower chance of community acquired pneumonia(肺炎). Prioritizing a good night's sleep helps as well. Use certain strategies like resetting your body clock and strategic napping to avoid middle-of-the-night wakeups.

_____37_____. Social isolation and loneliness might impair your immune system, and social connection may actually have benefits. For example, one large study in the United Kingdom and Finland found that loneliness was associated with a higher risk of severe infection requiring hospitalization.

_____38_____ In part, it could be because loneliness might intensify our sympathetic nervous system, which is responsible for our "fight or flight" response. This may influence our gene expression to preferentially express more bad inflammatory genes and decrease the expression of infection-fighting proteins.

There's no precise prescription or dosage for how much social connection is enough. But we know that staying engaged with others is important, just like it is for other aspects of well-being beyond immunity. As we look ahead to a new year, many people focus on improving their diet and exercise regimens. But it's important to also think about ways to foster more connections. _____39_____.

A. There are lots of theories as to why this happens.

B. Regular moderate exercise also stimulates the immune system.

C. Social isolation can change the way our immune system operates.

D. Here are a few other ways to take care of our immune system as you age.

E. This contributes to higher rates of illnesses such as respiratory infections.

F. Consider taking a class, joining a book club, volunteering or reaching out to an old friend.

G. You might also be surprised to learn about another lifestyle intervention: social connection.

第三部分：书面表达（共两节，32 分）

第一节 阅读表达（共 4 小题；第 40、41 小题各 2 分，第 42 小题 3 分，第 43 小题 5 分，共 12 分）

阅读下面短文，根据题目要求用英文回答问题。请在答题纸指定区域作答。

Dumb phones are making a comeback

It is hard to imagine life without a smartphone these days. Leave yours at home and you may find yourself lost, moneyless and cut off from social contact. Yet a market is also emerging for phones that are deliberately pea-brained. These dumb phones—confusingly called “feature phones”—account for just 2% of phone sales in America. But demand is growing.

In 2016, a Finnish firm, bought the rights to relaunch the devices of Nokia, whose basic phones once dominated the market. It says it is now selling “tens of thousands” of flip-phones a month in America. In May it re-released the Nokia 3210, a mainstay of many millennials’ teenage years, in Europe. It even has Snake, a classic mobile game.

Dumb phones today do not merely copy those of the past, though. Startups offer minimalist devices of their own. One example is the Light Phone, which is shaped like an iPod and has an e-ink screen like a Kindle. It also allows users to add optional “tools” including a podcast-player and a directions app.

What explains the return of the dumb phone? One factor is anxiety over the impact of smartphones — and social-media apps in particular — on young people’s mental health. That is why a first-class British school, announced in July that it would bar its students from bringing smartphones to school, and would provide them with Nokia phones instead.

But plenty of grownups are also choosing dumb phones out of their own will. Jose Briones, who moderates a forum dedicated to dumb phones on a social-media site, switched to the Light Phone after growing alarmed at his soaring screen-time record. Other smartphone addicts are instead cutting down the use of their devices either by deleting apps or downloading ones that control screen time.

Giving up the supercharged connectivity of a smartphone can lead to panic at first. Christina Dinur, another dumb-phone convert, remembers wondering what to do with herself when waiting in a queue without her smartphone. But, she says, she “settled into it really quickly”. For some, it seems, a dumb phone can be a smart choice.

40. How will people feel if they leave their smartphones at home?

41. What contributes to the return of the dump phone?

42. Please decide which part is false in the following statement, then underline it and explain why.

- ***Dump phones are making a comeback, yet startups are just reproducing the old phones.***

43. Will you choose a dump phone? Why or why not?

第二节（20 分）

假定你是李华，你的英国朋友 Jim 打算本周末参加北京市中小学“游学中轴”活动，向你了解相关情况并征求你的建议。请你给她回一封邮件，内容包括：

1. 推荐一条中轴线游学线路；

2. 说明理由。

注意：1. 词数 100 左右；

2. 可以适当增加细节，以使行文连贯；

提示词：北京中轴游学 the Beijing Central Axis study tour。

Dear Jim,

_____

_____

Yours,

Li Hua

参考答案

一、完形填空： 1-5：CBDAC 6-10：BBDCB

二、语法填空

A 篇： 11.who 12.grew 13.where

B 篇： 14.known 15.has sent 16.by

C 篇： 17.negatively 18.treating 19.is used 20.anxiety

三、阅读理解

A: 21.A 22.D 23.B

B: 24.C 25.D 26.B 27.C

C: 28.B 29.A 30.C

D: 31.D 32.C 33.A 34.D

七选五：35.E 36.B 37.G 38.A 39.F

四、阅读表达

40. They may feel **lost, moneyless, and cut off from social contact**, as smartphones are essential for navigation, digital payments, and communication in modern life.

41. Concerns about smartphones' negative impact on mental health, especially among young people (e.g., schools banning smartphones). Besides, adults voluntarily switching to reduce screen time and digital addiction.

➢ 42. ***Dump phones are making a comeback, yet <u>startups are just reproducing the old phones.</u>***

According to the passage, startups like Light Phone create new minimalist designs (e.g., e-ink screens, optional tools), not mere copies of old models.

43. **(Sample answer 1 – Yes):** Yes, I would. A dumb phone helps **reduce distractions** and **improve focus** on real-life interactions. As the text shows, excessive smartphone use harms mental health, and minimalist phones offer a healthier balance.

(Sample answer 2 – No): No, because smartphones provide **essential functionalities** like maps, online payments, and work tools. While dumb phones limit screen time, they sacrifice too much convenience for modern lifestyles.

五、写作参考范文

Dear Jim,

I'm delighted you're joining the Beijing Central Axis study tour! Here's my recommended route: Start at Yongdingmen Gate, then walk north to Tianqiao for folk culture, visit the Temple of Heaven, explore Qianmen Street, and end at Tian'anmen Square.

This route perfectly blends history and modernity. You'll see imperial architecture at Yongdingmen and the Temple of Heaven, experience local life at Tianqiao, and enjoy Qianmen's vibrant mix of old and new. It's a great way to understand Beijing's cultural heritage in just one day.

Wear comfortable shoes and don't forget your camera! Let me know if you need more tips.

Yours,

Li Hua